

# Online Safety Parent/Carer Forum

- Thursday 8 February 2024

Do you know what these apps are?  
And the suggested age restrictions?



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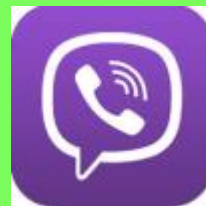
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# What we'll cover

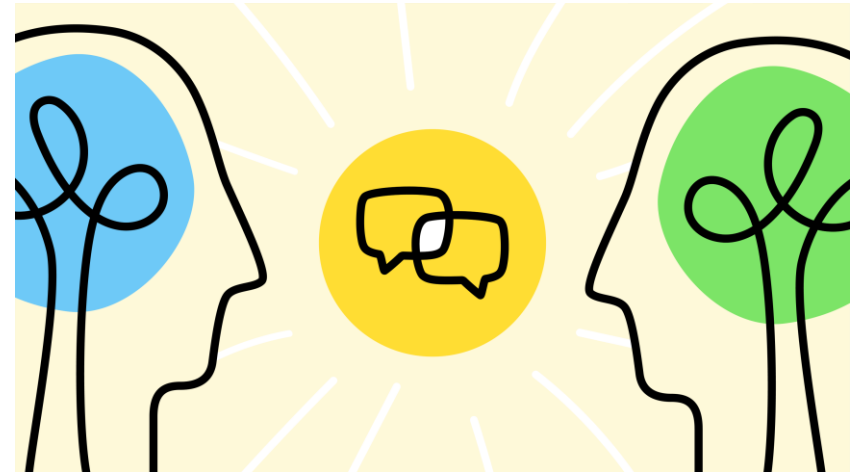
- Safeguarding
- What we do in school
- What are the risks?
- Parental controls
- Recommendations of what's appropriate
- Behaviours to look out for
- How to talk to children and agree limits and controls.
- What can I do if I'm worried about my child's online activity?
- Where I could report concerns I have about a child that's not mine.
- Evidence of a disconnect.

*"They know what to do but they don't always do it!"*

- Helpful sites and resources
- NSPCC workshops

# Main messages

- The most important thing to keep your child safe online is to ensure **open communication about their online activities.**
- There is evidence to suggest that attempts to prohibit certain online activity are not effective and that typically, children and young people can find ways around many restrictions.
- Take time to find out, know and understand what your child is doing online.
- Consider the suitability of apps
- Limit screen time
- Use Parental Controls (however, these are only effective in certain circumstances).



# Digital Literacy in school



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
EYFS						Self Image and identity
Y1-Y2	Health, Wellbeing and Lifestyle	Managing Online Information	Online relationships	Privacy and Safety	Online bullying	Self Image and identity
Y3-Y6	Health, Wellbeing and Lifestyle	Managing Online Information	Online relationships	Privacy and Safety	Online bullying	Online Reputation

Self-Image and Identity

Online Relationships

Online Reputation

Online Bullying

Managing Online Information

Health, Well-being and Lifestyle

Privacy and Security

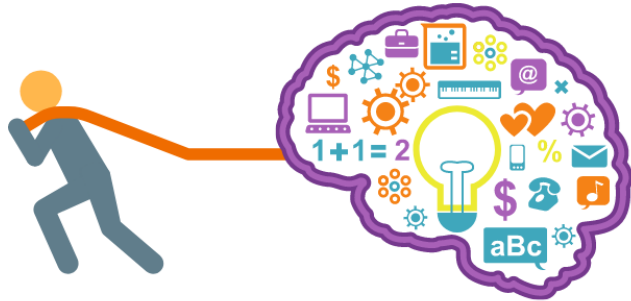
Copyright and Ownership

In school, we use a scheme called Project Evolve, provided by South West Grid for Learning, to teach children across the school about online safety and how to be responsible digital citizens. This comprehensive scheme covers many aspects of digital literacy and offers excellent assessment opportunities so that we can see what the children know and remember.

# Regular Retrieval

Use a child-friendly search engine  
([swiggle.org.uk](http://swiggle.org.uk))

Tell a trusted adult about anything that worries or upsets you



Don't share private information such as passwords

At the start of every computing lesson we remind the children of these three things.

# Online Safety Week / Safer Internet Day



**SAVE the DATE**

**Safer Internet Day**

**2024** | Tuesday  
6 February

[www.saferinternetday.org](http://www.saferinternetday.org)



This week we have celebrated online safety week and Safer Internet Day, using resources to encourage conversations about online safety.

Three things for classes:

- A 'main learning opportunity' to take place on Safer Internet Day
- Daily short learning opportunities to educate and remind for rest of week
- Quality learning for Online Safety displays around school

# What are the risks?

Keeping Children Safe in Education sets out risks in four broad areas - the '4Cs'.

'4 Cs'

- *Content*
- *Contact*
- *Conduct*
- *Commerce*


**Keeping children  
safe in education  
2023**



Department  
for Education

# Online risks arise when a child:

- engages with and/or is exposed to potentially harmful **CONTENT**;
- experiences and/or is targeted by potentially harmful **CONTACT**;
- witnesses, participates in and/or is a victim of potentially harmful **CONDUCT**;
- is party to and/or exploited by a potentially harmful **CONTRACT** or is exposed to inappropriate **COMMERCE**

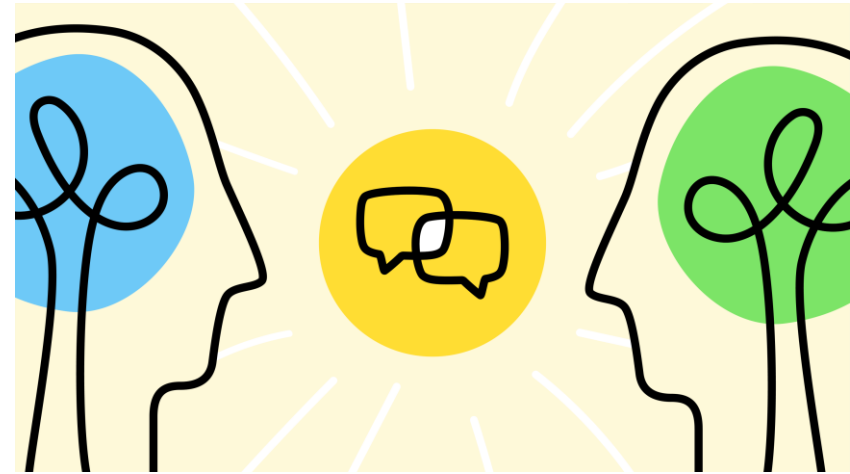
	<b>Content</b> Child as recipient	<b>Contact</b> Child as participant	<b>Conduct</b> Child as actor	<b>Contract</b> Child as consumer
<b>Aggressive</b>	Violent, gory, graphic, racist, hateful and extremist content	Harassment, stalking, hateful behaviour, unwanted surveillance	Bullying, hateful or hostile peer activity e.g. trolling, exclusion, shaming	Identity theft, fraud, phishing, scams, gambling, blackmail, security risks
<b>Sexual</b>	Pornography (legal and illegal), sexualization of culture, body image norms	Sexual harassment, sexual grooming, generation and sharing of child sexual abuse material	Sexual harassment, non-consensual sexual messages, sexual pressures	Sextortion, trafficking for purposes of sexual exploitation, streaming child sexual abuse
<b>Values</b>	Age-inappropriate user-generated or marketing content, mis/disinformation	Ideological persuasion, radicalization and extremist recruitment	Potentially harmful user communities e.g. self-harm, anti-vaccine, peer pressures	Information filtering, profiling bias, polarisation, persuasive design
<b>Cross-cutting</b>	Privacy and data protection abuses, physical and mental health risks, forms of discrimination			

← (Commerce)



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# Parental controls



Setting up parental controls on devices, as well as on your home internet, is straightforward and, in the right circumstances, can be a really useful way to prevent children accessing inappropriate content.

Internet Service Providers, mobile networks and device manufacturers and retailers can be helpful in setting up parental controls.

However, it's important to remember that parental controls on home broadband won't work for a mobile device when using mobile data, and children may access content on each others' devices.

Useful advice and tips can be found on these sites:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

<https://saferinternet.org.uk/online-issue/parental-controls>

# Recommendations for what's appropriate

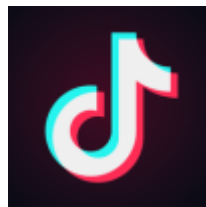
<https://www.common SenseMedia.org/> is a useful site to check out whether apps, games and films are suitable for your child.



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# Behaviours to look for



It's important to stay vigilant and look out for behaviours that might suggest children have been engaged in risky or inappropriate online activity.

- Any sudden change in behaviour
- Being more secretive
- Talking about new and seemingly inappropriate things
- Wanting to spend more time away from family and friends
- Seeming anxious or troubled

# How do I talk to children about online safety?

# What can I do if I'm worried about my child's online activity?



The UK Safer Internet Centre and NSPCC websites include lots of information for families, including how to start conversations and suggestions for how to come to agreements about online limits or restrictions with children:

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

# How can I report concerns I have about a child that's not mine

The UK Safer Internet Centre includes and signposts lots of information for families, including how to report concerns:

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

Report Harmful Content offers information and advice as well as a way to report content:

<https://reportharmfulcontent.com/?lang=en>

The Child Exploitation and Online Protection site can be used to report sexual abuse or the way someone has been communicating with your child online:

<https://www.ceop.police.uk/Safety-Centre/>

**If the person you are concerned about is in immediate danger, please contact the police by dialling 999.**

# Helpful websites and resources

These four websites contain lots of useful information for families about keeping safe online as well as resources that can be used at home:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>

<https://www.internetmatters.org/>

<https://www.common sense media.org/>

# NSPCC Online Workshops

- We have booked two 'live' online workshops for parents and carers which will provide parents and carers with information about how to support their child in their online world. **Please come!**

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/free-online-safety-group-workshops/>

- **Monday 12 February, 7pm - 8pm**

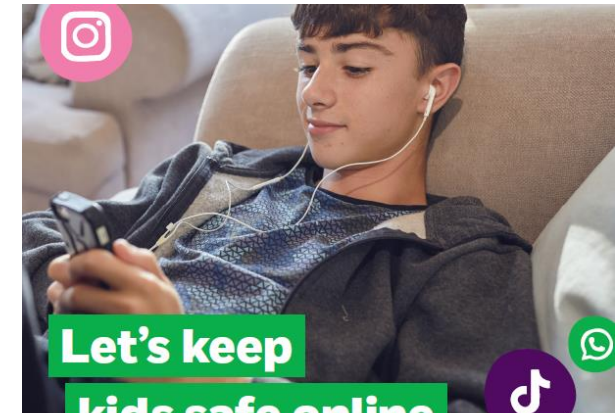
<https://us06web.zoom.us/j/86135801738>

**Meeting ID: 861 3580 1738**

- **Monday 26 February, 5pm - 6pm**

<https://us06web.zoom.us/j/88110031536>

**Meeting ID: 881 1003 1536**



The online world is an important part of kids' lives nowadays. It's an exciting place for them to explore, with all sorts of fun and educational stuff to discover, but there can be some risks too.

'Keeping children safe online' will teach you how to help kids explore their favourite apps, games and sites safely. Our workshop will:

- help you understand how children experience the online world
- show you resources and tools that could help keep them safe
- empower you to guide them on their journey.



Date: Monday 26th February 2024  
Time: 5-6pm  
Location: Zoom - register through Moorlands Schools Federation to receive login details.

NSPCC

EVERY CHILDHOOD IS WORTH FIGHTING FOR